

Personnel and Social Counselling Service of the Federal Administration PSC



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Federal Department of Finance FDF
Federal Office of Personnel FOPER
Personnel and Social Counselling Service
of the Federal Administration PSC

Who is our offer aimed at?

We advise, support and coach all employees, superiors and HR specialists in the Federal Administration in difficult situations in the workplace and in the private sphere.

Our counselling services apply to employees of the following federal bodies

- All departments and their administrative units
- Federal Chancellery
- Federal Supreme Court, Federal Criminal Court, Federal Administrative Court
- Office of the Attorney General of Switzerland
- Parliamentary services

The offer also applies to

- Apprentices
- Interns
- Family members (brief consultations)
- Retired staff (brief consultations)

We are at your disposal for a personal conversation. We work neutrally and confidentially, must maintain professional confidentiality and have no authority to issue instructions. Our services are free of charge and can be used during working hours in consultation with superiors.

Offerings for employees

We support you in difficult situations in your working and personal environment.

Possible topics

- Tensions, conflicts with superiors or work colleagues
- Bullying
- Sexual harassment
- Stress, burnout, psychological burdens
- Illness, accident, addiction
- Reorganisation, dismissal
- Career path options
- Preparation for retirement
- Professional integration of disabled people
- Child and family care
- Conflicts in family, partnership
- Separation/divorce, loneliness
- Legal questions on social insurance
- Contacts with offices, authorities
- Budget advice, debt regulation
- Applications to the Support Fund for Federal Personnel

Offerings for HR specialists and superiors

We provide targeted advice to superiors and HR specialists in complex personnel situations.

Possible topics

- Preparation for and follow-up to difficult conversations
- Coaching, moderation, mediation in conflicts
- Fulfilment of duty of care
- Early detection, early intervention, PSC case management in the event of illness or accident of employees
- Psychosocial support during reorganisations, dismissals
- Training, inputs on psychosocial topics and risks

Contact

Call us to arrange a personal appointment. You can come and see us at one of five locations.

Your counselling centres

Bern office

Belpstrasse 18
3003 Bern
Tel. +41 58 462 64 15

Zurich office

Ackermannstrasse 26
8044 Zürich
Tel. +41 58 467 21 71

Lucerne office

Hertensteinstrasse 9
6006 Luzern
Tel. +41 58 481 14 72

Lugano office

Via Pioda 10
6901 Lugano
Tel. +41 58 469 99 26

Lausanne office

Avenue Tissot 8
1006 Lausanne
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Threema chat and phone consulting

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